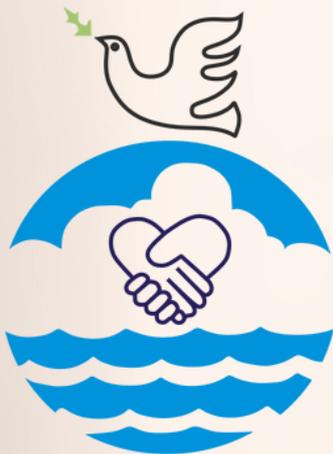
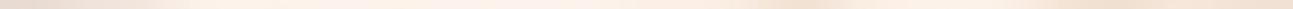


# ROTARY CLUB OF BOMBAY SEAFACE



**E-BULLETIN**  
OCTOBER 23





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# 01. President Speaks

My dear SeaFacers Family

Not many have the blessings of leaving this world like a leaf falling from a tree on the ground... naturally, noiselessly, and unobtrusively.

On 22nd we received the sad news of passing of Rtn. Dr. Hasmukh Shroff, an eminent dermatologist. He was a long standing member of our Club and its Past President, a very dear friend to several of us. We SeaFacers pray that God rest him in eternal peace and give strength to Renuka and the family for forbearance.

Another sad news came on 24th October, when we received the news of passing of Shri. Vipul Vinod Shah. It will be tough for Dinaben to see beyond this saddening hour of grief, but we are sure, she will overcome this phase by recollecting the good memories of their journey she shared with him and stay strong. In fact, earlier this month on 2nd October Vipulbhai celebrated his 65th birthday in Goa and has also sponsored for Annapurna as part of his birthday celebration, All of us remember Vipul as a part of the trio who were religiously executing the Annapurna project every Thursday at KEM Hospital.

Vipulbhai & Hasmukhbhai... SeaFacers will miss you.

This month, we could see the Navratri celebrations across the city and SeaFacers celebrated it with a grand fellowship where more than 35 SeaFacers and Rotaracts participated and presented a grand show of what one can call a National Integration. It was one of best fellowship event seen by us; hats off to our Fellowship Director Rtn. Kalpana Khira and her team. What was more important and appreciated, was the efforts and hard work put in by the participants who put up this show.

One more '*Feel Good Factor*' this month was our visit to Palghar with District Governor Rtn. Arun Bhargava and District Secretary Rtn. Anand Ramnani. The best part of the program was presence & participation of 16 SeaFacers, 8 RCC members. We visited the Grammangal School in Aina, Ashram School in Khutalpada and the Bio gas plant again in Khutalpada. More details on this is shared in later part of this bulletin. What I am happy about is projects which we have been doing and lining up are receiving unconditional resources; This is really going to make Incredible year interesting and fruitful for SeaFacers, which makes me believe:

Howsoever insignificant and mundane a 'karma' may be, it will become '*karmayoga*' if it is performed

-with concentration;

-with bliss;

-without expectations; and

-without attachments

## 02. October Editorial

Hello friends

This month of October has been one of sweltering heat, living upto its oft quoted "October heat".

'October Heat' is caused due to the absence of rain, and weather in the month of October in the Indian sub-continent is called thus. During October and November, with the apparent movement of the sun towards the south, the monsoon trough or the low-pressure trough over the northern plains becomes weaker.



But all was not lost. Onset of the festive season with Navratri and Dasara celebrations topped the charts. Here's a nice one:

Dasha Hara is a Sanskrit word which means removal of ten bad qualities within oneself:

- \*Ahankara (Ego)
- \*Amanavta (Cruelty)
- \*Anyaya (Injustice)
- \*Kama vasana (Lust)
- \*Krodha (Anger)
- \*Lobha (Greed)
- \*Mada (Over Pride)
- \*Matsara (Jealousy)
- \*Moha (Attachment)
- \*Swartha (Selfishness)

Hence, also known as 'Vijayadashami' signifying "Vijaya" over these ten bad attributes.

# October Editorial

What a splendid performance our athletes showcased at the Asian Games! And the Hon'ble PM Modi lauded this as 'momentous achievement' as India won 'historic' 100 Asian Games medals. Way to go!!



Well, now we await yet another big one...you guessed it right. The World Cup! India soon to play in the mecca of cricket, in Aapli Mumbai!!

– PP Rtn. Ramola Mahajani

## 03. October Reflection



*08-10-2023  
Mental Health Awareness*

We participated in the 'Mental health awareness walkathon' held at Marine Drive, starting from NCPA. Mental health is a need and a human right and is the focus area of Rotary International President, Rtn. Gordon McNally. The highlight of this event was that our Rotary Member PDG Rtn. Nitin Mangaldas was the Guest of Honour



*11-10-2023  
Investiture*

We had investiture of our interact B.J.P.C school where we witnessed the installation of Jouyan Gazdar and his team



*13-10-2023  
Fellowship*

It was MIND BLOWING fellowship organised by none other than our Fellowship Director Rtn. Kalpana Khira. An well attended event with great participation where festival dances of 6 states of India were showcased. Even our Rotaracts for NSS college took part in this. It was an event which was 'never before'



# October Reflection



*21-10-2023  
Super Project Day*

This was a super project day for SeaFace. 16 SeaFacers, eight RCC members spent a complete day in Palghar showcasing and sharing our projects and future plans with District Governor Rtn. Arun Bhargava and District Secretary Rtn. Anand Ramnani. DG and DS gave their whole day and shared very useful tips and promised their support. This was a rare event with participation of such a magnitude, that too at Palghar, 130 kms from Mumbai where SeaFacers braved the western express traffic and spent time with the people in the tribal belt, with students and villagers. The reception which we received in Gram Mangal School, Ashram Shala and Khutipada was overwhelming. We also witnessed the successful working of a Biogas plant commissioned by us during the Alpha year. We plan to aggressively look at having water harvesting, Bio gas units and Solar system and inverters in different locations in Palghar district. PP Rtn. Purna Mehta with support from Rtn. Bhuvan Ajmera, Rtn. Pinki Dalal, Rtn. Preeti Joshi would be spearheading this project.



# October Reflection



## *Annapurna*

The Annapurna on 5th at KEM sponsored by Rtn. Dr Meena Kothari, on 7th at Chanda Ramji sponsored by again by Rtn. Dr Meena Kothari, on 8th at Vashi, organized by Rtn. Rajen Desai, 10th at Grammangal school Aina, and Vashi sponsored by Rtn. Uday Kulkarni in memory of his parents Sheela & Atmanand on 12th at KEM, sponsored by Rtn. Leena Shah and again at 13th at KEM sponsored by Rtn. Rajen Desai. On 18th Annapurna at KEM was sponsored by Rtn Bharat Merchant and Rotary Anne Smita Gandhi, Bipin Jhaveri. On 20th Bharat Merchant sponsored Annapurna at Chandaramji. On 29th Rtn. Dhiren Shah sponsored Annapurna at KEM on occasion of his Birthday.



# October Reflection



*26-10-2023  
Medical Camp*

26th October, Our Medical director had organised a medical camp Seva Sadan School; this camp was supported by Dr Pankaj Parekh, Dr Meena Vora and Dr Disha Morzoria. Nearly 100 students from Seva Sadan School participated in the camp.

*26-10-2023  
NSS College Contribution*

My dear Seafacer family , our NSS college contributed stationary to students of Seva Sadan , this was done out of their own pocket money. Collected over few weeks This is what is the true Rotary spirit 🙏 Few glimpses 📷



## 04. GARBA

Garba: history and significance

Garba originated from the Sanskrit word Garbha meaning the womb. Customarily, this dance form in Gujarat marks a girl's first menstrual cycle and later, her imminent marriage. It is also performed during the nine-day Navratri festival which is held annually during the month of Ashwin (September or October). On most occasions, men also participate but women are the main performers of Garba.

During Garba, the performers circle around an image of the mother goddess Durga, an illuminated clay pot or water-filled vessel. The dance slowly begins and moderately increases in speed.

The dance form of Garba celebrates fertility, honours womanhood, and pays respect to all nine forms of mother goddesses.

The performance of Garba has spread beyond Gujarat to enjoy popularity not only in various parts of India but in Hindu communities across the world. Some of the folk dances similar to Garba are also found in several parts of India mainly in Tamil Nadu, in the southeast, and in Rajasthan, the northeastern neighbour of Gujarat.



– PP Rtn. Ramola Mahajani

## 05. THE COURIER

There isn't a single one of us who would not have sent something by COURIER. So, ever wondered where the word came from?

The word courier is derived from the Latin term "currere" which means to run. Indeed, the first foot messengers had to run distances to deliver goods.

The job of a courier is one of the oldest documented professions in the world and has an extensive history. Since day one, people have been moving materials and messages from A to B, whether it was a pile of rocks to build a house, an animal for food, or a message carved out of stone - couriers have always been essential to keep things moving.

The world's first state approved courier delivery network was the "cursus publicus" in Ancient Rome. Some of the first couriers would deliver messages by hand by running back and forth, by using homing pigeons or riding on horseback.

A great courier legend from thousands of years ago is the that of Pheidippides, a Greek messenger from 490 BC. On foot he ran 26 miles from a battlefield near a town called Marathon to Athens to declare victory after defeating the Persian army. Unfortunately, Pheidippides died of exhaustion after the journey, so his memory lives on in the form of an Olympic marathon which is approximately the same distance he ran from Marathon to Athens.



Throughout the Middle Ages, courier services were still being used across Europe but now they were mostly used on horseback for faster and further deliveries. However, the horses would only travel at around 50 kms per day – so it would take around six weeks for a letter to get from London to Naples.



It was only the most prestigious and wealthiest organisations that could afford to hire private couriers because of the demand for accommodation, horse and travel costs. Mankind's first and oldest job has completely transformed into a global industry connecting people in the same country and across the globe, allowing for not only the spread of goods, but the spread of different thoughts and cultures.

– PP Rtn. Ramola Mahajani

## 06. The Sherlock Holmes of Rotary

### How Rotary keeps your donations safe

Charity Navigator has consistently given its highest rating, four stars, to The Rotary Foundation, year after year. In the most recent rating, The Foundation received a perfect score of 100 for financial health, accountability and transparency – indicating the organisation is using its donations effectively and donors can give with confidence.

One reason for the top-tier marks is that Rotary takes any accusations of fraudulent activity seriously. Rotary has an entire department dedicated to investigating fraud and the misuse of Foundation grant funds: Rotary's Stewardship Department.

The good news, though, is such issues don't happen often. In fact, most grant funding is used exactly as intended and leads to sustainable outcomes in Rotary's areas of focus.

### What we do

The mission of Rotary's Stewardship Department is to assure Rotary's stakeholders that the funding provided by The Rotary Foundation is properly managed. We operate from the Evanston, Illinois, and South Asia offices, bringing a systematic and disciplined approach to grant over-sight, while also assisting clubs and districts in developing localised governance processes for grant implementation, financial management, and document retention.

We also oversee reporting for Rotary grants, the district qualification process, and The Rotary Foundation Cadre of Technical Advisers, a group of Rotary volunteer experts who help plan and evaluate Rotary grants.

We're basically the Sherlock Holmes of Rotary, but with more paperwork.

### The investigation begins

We receive allegations from Rotary members and nonmembers mostly via email, but sometimes the information is reported directly to a Rotary staff member or a district leader. We take every allegation seriously and work closely with grants staff and club and district leaders throughout the process.

Most of what we do is review grant documentation and financial records to confirm or refute the allegations. We may request the district investigate and collect more information. In some cases, an auditor from the Cadre will conduct an on-site verification of physical assets, vendors, and financial records.

The audit evaluation is then submitted to key Rotary staff, who take further action based on the recommendations. If fraud or misuse is confirmed, we may recommend a member, club, or district be suspended from participating in Rotary grants. In most cases, we're able to recover the misused funds.

contd...

## Lessons learned

There are varied reasons why grant funding may be mishandled, but in our experience, these rare instances come down to several common themes:

- A lack of transparency among grant sponsors
- Ineffective communication among grant sponsors
- The project is led by one person or a small group, so there's little to no accountability
- Grant funds are handed over to a cooperating organisation, and Rotary members are not managing grant funds or actively participating in project implementation
- Poor record-keeping and document retention

## Best practices

There are many steps that Rotary members can take to ensure that grant funds are responsibly managed:

- Review relevant documentation. If you are planning a global grant, the terms and conditions and the area of focus policy statements are critical documents.
- Conduct a competitive bidding process for any significant purchases.
- Ensure your club or district has a written financial management plan and is following the other stewardship requirements outlined in the club and district qualification memorandum of understanding.
- Use project planning resources, like the Cadre or Rotary Action Groups, to strengthen your application and increase your project's impact.
- Disclose any potential conflicts of interest to Rotary grants staff.

## A note about conflicts of interest

Rotary members tend to have a lot connections - with local or region governments, with schools, church, hospitals, and leaders in their communities. These connections are great, and then often lead to the development of Rotary grant projects.

Conflicts of interest occur when people are in a position to make or influence decision about a Rotary grant that could benefit themselves, their family, their business, or an entity for which they set in a paid or voluntary leadership or advisory position.

It's important to remember that a link between a Rotary member and an entity involved in a grant must be disclose to Rotary grants staff during the application process.

To learn more about the Stewardship Department, send the office an email [stewardshipdepartment@rotary.org](mailto:stewardshipdepartment@rotary.org)

– by Christina Lanzona

## 07. A CONTEMPLATION

Past District Governor, Rtn. Nitin Mangaldas shared insightful thoughts in a relaxed interview with Rtn. Tejaswini Modak. Here are the highlights.

The Club has been extremely fortunate in being able to utilise the Mangaldas Trust's premises to provide medical services to nearby localities. This has been possible due primarily to the generosity of Nitinbhai.

This Trust building is a hundred years old and its objective was indeed to be a charitable dispensary. In the early days, three doctors would visit during free time in the afternoons. Low and medium income group patients were catered to with subsidised rates. What began as a general practice has now grown into providing Eye care, Dental treatment, Physiotherapy, General Medicine, Counselling, Nutritional advice, and importantly, training in Dentistry to low income dentistry students. The Club is grateful for continued support from the Trust.

His own stint with Rotary began in June 1986. Preparatory work started around March and Nitinbhai specifically mentions the contribution of one the Club's oldest members, Rtn. Pratap Oza who was then the Governor's Special Representative, in the shaping of RCBSF. I remember him so well and so would many others.

With a desire to do something significant, Nitinbhai undertook responsibilities early on, from being a Director to Vice President to Club President in 1991 - 1992. He is presently a proud Charter Member of the Club. His first step into the District was through successfully organising Career Guidance projects and heading the District Committee, with several publications to his credit.

Touching upon the basic tenets of Rotary, Nitinbhai elucidates upon focal points for Rotary projects, globally. It's useful to be reminded that Clean Water, Health and Hygiene, Sanitation, Woman and Child Welfare, Environment, and recently inducted - Growing Local Economies, are at top of the charts, in order to meaningfully touch lives of people.



Zealous, Passionate to serve humanity, laced with generosity - is PDG Nitin Mangaldas.

PP Rtn. Ramola Mahajani

## 08. Rtn. Bharat Merchant's Corner

Hi Seafacers,

After being an active ROTARIAN for more than 25 years and having enjoyed the trust of Presidents, board members and fellow Rotarians it is indeed a privilege to write something about ROTARY, our club, our members and other relevant subjects.



I have penned my initial thoughts about Rotary as under :

1. *Don't we feel* we miss out in knowing more about our fellow members when we skip our regular meetings ?

*Do we know how* much the Director-in-charge takes trouble in inviting and fixing the guest speaker ?

*Do we know that* more the member attendance greater is the prestige of the club? Try going a little early and enjoy the unique chatting and mingling amongst the regulars. See the change in relationships. ..but remember to wear your Rotary lapel pin.....its something to be proud of.

2. Can we not enjoy ROTARY more by participating in Club Projects ?

*Do you know* in last year itself we have done more than 20 service projects ranging from Paediatric cancer surgeries to water harvesting to women literacy to donation of computers and many more. 🇮🇳📚💻

With the same vigour, the service projects for the needy to the down-trodden continues this year too !!

Be interested and excited to know about the projects first hand. See for yourself how our club judiciously utilizes our funds in various service projects and fulfils our goals to care for the needy.

## Rtn Bharat Merchant's Corner contd...

3. *Have you been* to our flagship multi HEALTHCARE centre at Banganga which is running successfully for more than a decade? If not, you have missed out on a wonderful self sustaining project which caters to 1000 needy, poor patients per month in the neighbourhood. IT IS SEEN TO BE BELIEVED!! Get the satisfaction of giving back to the SOCIETY.

4. Our long association with food distribution for the poor continues since the pandemic and remains a commitment to society. See the dedication of few for the many.

This year we are focusing on tribals and their villages is a new area where we have trained our efforts. Do try and visit the project and suggest new ideas.

Bio gas plant in a Palghar village is an eye opener for city dwellers like us. Won't you be interested to know more how it has benefitted the needy people around there ? Come and see for yourself.

Watch out for this space for more of my thoughts... Please share your feedback with me and I will be happy to take your views/ideas.

# November Birthdays 09.

**Preeti Joshi**



**1st November**

**Rajesh Sheth**



**4th November**

**Nisha Shah**



**5th November**

**Kirti Parikh**



**12th November**

**Minaxi Gandhi**



**13th November**

**Vimal Shah**



**15th November**

# November Birthdays

**Surendra Gandhi**



**17th November**

**Vibha Kapadia**



**21st November**

**Kashyap Patwa**



**22nd November**

**Paresh Tejura**



**25th November**

**Varsha Sayani**



**26th November**

**Purna Mehta**



**30th November**

# November Anniversaries

10.



**Vasant & Anjana**  
14th November



**Tanveer & Anjum**  
16th November



**Milan & Bhavini**  
21st November



**Arti & Kamlesh**  
29th November

# Calendar for November

11.

S 19

M 20

T 21

W 22

T 23

F 24

**S 25**

**Speaker Meeting**

S 26

M 27

**T 28**

**Board Meeting**

W 29

T 30



# Stepped up Appeal

It is the fourth month of the incredible year for the E bulletin. As a President, I did feedbacks, most of them appreciative of the contents and few of them did have a flip side, e.g. like the length of the e bulletin, few irrelevant articles etc. It is always important, especially for the editorial team to be in continuous learning and improvement mode, as we go further on this initiative. What is more important is majority of SeaFacers are reading it. To make it more interesting, we have added Bharatbhai's corner this month which will be a continuing series of, what I can say realisation of *why* and *what* is your role in rotary and *how can you contribute*. Rtn Bharat Merchant, with his wealth of knowledge on Rotary is the best candidate who can do justice to this subject and make our endeavor to get as many SeaFacers as True Rotarians.

Having said this, contributions are solicited from many more sefacers to write articles or snippets. चलो हम साथ मिलके, रोटरी क्लब ऑफ बॉम्बे सीफेस की E-bulletin को एक मिसाल बनाते है जो, रोटरी दुनिया मे अद्वितीय होगा.



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Thank you!